

OCTOBER 2009 NEWSLETTER

Ms Connie, Ms Kathy, Ms Melinda



Greetings parents and families! October brings us to my favorite time of the year, Fall! In class we will be

reading stories about fall, singing songs and doing fall art projects. We will be taking walks outside to observe the changes that nature brings us. You can take a walk with your child to help them see the changes!

IMPORTANT DATES:

10/5 - Cookie dough fundraiser begins

No School - 10/8 & 10/9, in-service days and fall break

10/16 - Fall Carnival (during school hours)

10/20 - Family Fun Night (Daddy and Me)

10/26 & 10/27 - School Pictures



10/29 & 10/30 - Parent Teacher Conferences,
NO SCHOOL

LIBRARY: Our library was cancelled for Friday, 10/2 so your child did not check out books.

ABSENCES: Please call the preschool office if your child is out sick. That number is: 892-7735.

HALLOWEEN: We do not have school on Halloween. However, if your child would like to wear their costume to school on Tuesday, 10/27, they are welcome to do so. We will NOT be having a Halloween 'party' but we will be making a special snack that day. If your child chooses to wear their costume the following guidelines must be followed: your child must be able to wear the costume on the bus and the entire school day, no scary costumes or costumes that reflect a violent theme, absolutely NO weapons, and they must be able to participate in all activities, including outside play.

MATH: We will be working on number concepts the next few weeks. The children will begin exploring numbers 1 - 10 by counting objects. You can help your child understand how this relates to his/her experiences outside the classroom by counting objects in the home: have your child set the table for a meal. He can count the plates and match each plate with the necessary silverware and glasses.

HELP KEEP US HEALTHY: It is imperative that you practice "cough etiquette" with your child at home. Use the attached poster to help. Remember that flu viruses are spread mainly from person to person through coughing or

sneezing by people with the flu. At school if a child puts their finger in their nose...they wash their hands or use hand sanitizer. If they put their hands in their mouth...they wash their hands or use hand sanitizer. If they wipe their nose with the hand/arm...they wash their hands or use hand sanitizer. Please help us by enforcing these practices with your child.

According to the National Center for Disease Control (CDC) below are symptoms of flu:

Seasonal flu:

Fever coughing/sore throat

Chills fatigue

Runny or stuffy nose

Headaches/body aches

H1N1 Flu:

Same as seasonal flu, but symptoms may be more severe. In addition, a number of flu cases reported involve vomiting and diarrhea.

New Mexico has a Nurse Advice Line you can call if you have questions: 1 877 725 2552.

