

## Rio Rancho "Rams"

### Volleyball-2008

- 2008 NM Class AAAAA State Runner-up
- 2008 District 1-5A Champions
- 1st Team All State Players, Class 5A: 4
- Player of the Year, District 1-5A: 1
- 1st Team All District 1-5A Players: 6
- School Record for Wins in a season: 23
- School Record for win streak in a season: 21
- Eight-peat: District, Regional & Final Four Appearances: 2000, '01, '02, '03, '04, '05, '06, '07 & '08

Rio Rancho "Ram Camp"-Volleyball  
C/o Toby Manzanares  
301 Loma Colorado  
Rio Rancho NM 87124



RIO RANCHO "RAMS" CAMP  
301 Loma Colorado Blvd.  
Rio Rancho NM 87124

Preparing Today, To Be  
Successful Tomorrow"

## Rio Rancho "Rams" Volleyball Camps 2009



*N.M. State Class AAAAA State Runner-up  
2008*

*Ram Camp #1  
July 30-August 1 (Grades 4-8)  
Ram Camp #2  
August 3-August 5 (Grades 7-12)*

**Where:** Rio Rancho High School  
**Time:** 6:00-9:00 p.m.  
**Cost:** \$80



# About the Camp

**Individual Skills Camp:** is designed to make you a better volleyball player. The individual skill-development camp is an excellent environment for you to improve your volleyball skills in; passing, digging, serving, blocking and hitting.

**Toby Manzanares-Rio Rancho High School** just completed his 12th year at RRHS. 2008 saw the "Rams" finish as the NM Class 5A State Runner-up (19-5). The "Rams" won the NM Class 5A State Championship (22-2). In 2006, RRHS captured the NM Class 5A State Championship (23-1). 2005 was another exciting year for the "Rams" (8-19), the district champions as well as Class 5A State Champions. In 2004, the "Rams" (21-2) were District 1-5A, Region D-5A, and NM Class AAAAA State Runner-up. In 2003 & 2002, Coach "Manz" led the Rams (21-2), (21-2) to a District 1-5A, Region D-5A, and NM Class AAAAA State Championships. In 2001, the Rams 18-4 overall, won a district and regional championship as well as finishing as the NM Class AAAAA State Championship runner-up. In 2000, the Rams (19-4) won a district and regional championship as well as finishing 3rd at the NM Class AAAAA State Championship.

**Ken Carpenter-Assistant, Rio Rancho High School** just completed his 11th year in the Rio Rancho High School volleyball program. Ken has 27 years of coaching and playing experience. Ken has coached at the junior level and has extensive knowledge of the game.

**Huu Vu-Assistant, Rio Rancho High School** just completed his 5th year with the "Rams" volleyball program. Huu has 22 years of coaching and playing experience. Huu has coached at the junior level and has extensive knowledge of the game. Huu brings an energetic and fun atmosphere that has translated to success at the junior's & high school level of play.

This camp may also include club coaches, collegiate players, as well as high school players.

## Camp Features

- Rio Rancho High Coaching Staff
- Guest High School Coaches
- Club & Collegiate Players
- Excellent Individual Instruction
- Camp T-shirt

## Activities

- Passing Drills
- Serving Drills
- Setting Drills
- Attacking Drills
- Transition Drills
- Offensive Systems and Tactics
- Defensive Systems and Tactics

## Registration

Registration may be sent by mail a week prior to camp or paid the evening of the camp.

## Camp Times and Location

All camps will be held at Rio Rancho High School Gymnasium.

**Ram Camp #1** is designed for those players who are interested in learning the game of volleyball and for those players who will be entering the mid school in the next couple of years. Emphasis of the camp will include fundamentals & techniques for all basic volleyball skills. No experience necessary! (Grades 4-8) All participants will receive a camp T-shirt.

**Ram Camp #2** is designed to prepare players for tryouts in their respective grade. This camp will emphasize volleyball skills and drills to prepare 6<sup>th</sup>, 7<sup>th</sup>, 8<sup>th</sup>, 9<sup>th</sup>, and high school grade players for school tryouts. Fundamentals & techniques for all basic volleyball skills will also be emphasized. Additional time will be focused on small and large group team play. All participants will receive a camp T-shirt.

### Camp #1

July 30 6:00-9:00 p.m.

July 31 6:00-9:00 p.m.

August 1: 9:00-12:00 noon

### Camp #2

August 3: 6:00-9:00 p.m.

August 4: 6:00-9:00 p.m.

August 5: 6:00-9:00 p.m.

### Make check payable to:

Ram Club Inc.-Volleyball

## Rio Rancho Volleyball Camps 2009 Registration Form

Name \_\_\_\_\_

Address \_\_\_\_\_

City, Zip \_\_\_\_\_

Phone \_\_\_\_\_

Age \_\_\_\_\_ Grade (Fall '09) \_\_\_\_\_

T-shirt size: (Adult sizes)

S M L XL

Ability Level: Beginner Mid School  
High School

\_\_\_\_\_ **Ram Camp #1 July 30-August 1, 2009 \$80**  
**Grades: 4 5 6 7 8**

\_\_\_\_\_ **Ram Camp #1 August 3-5, 2009 \$80**  
**Grades: 7 8 9 10 11**

### Medical Waiver:

The parent(s) of \_\_\_\_\_, hereby allow my child to participate in the Ram Volleyball Camp 2009. I know of no physical problems, which may affect my child's ability to safely participate. The camp staff may attend to any problem or injury in a conscientious manner while attending camp.

I understand my child must have current and active medical insurance before they may attend camp. Neither I nor my child will hold Ram Volleyball Camp 2007, or its staff liable for any injuries or expenses relating to injuries incurred while my child is at camp.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Medical Insurance Company \_\_\_\_\_

Policy # \_\_\_\_\_

